

## What the course includes:-

This course is designed to help every Christian to take hold of the truth of who we are in Christ. Each week we address those issues which often hold us back in our Christian lives, and prevent us from living as the victorious people God created us to be.

The course is divided into four parts:



### Key Truths

Jesus said that we will know the truth and the truth will set us free! In the first three sessions we look at some of the key truths we need to know about what it means to be a Christian.

#### Session 1. Where did I come from?

When Adam and Eve were created, they had life in all its fullness, but in the fall they lost their relationship with God. The result for us is that we were born physically alive but spiritually dead and with a huge need for acceptance, security and significance.

#### Session 2. Who am I now?

Many Christians think of themselves as simply "forgiven sinners", but in fact the Bible makes it clear that, because of what Jesus has done for us, we are new creations in Christ. Knowing that we are children of God who can come boldly into God's presence without condemnation changes everything.

#### Session 3. Choosing to believe the truth.

Everyone lives by faith, even those who are not Christians. It's who or what we put our faith in that determines whether or not it will be effective. As Christians, it's essential that what we believe is in agreement with what God has revealed in His Word.



### The World, The Flesh And The Devil

Every day we struggle against three things that conspire to push us away from truth. Understanding how the world, the flesh and the devil work will enable us to renew our minds and stand firm.

#### Session 4. The world's view of truth.

Depending on where and when we were brought up, we will have learned to look at the world in a particular way that seems right to us. But is it? When we become Christians we need to make a decision to see the world from God's perspective.

#### Session 5. Our daily choice.

Christians have a new heart and a new spirit, but we still struggle with many of the unhelpful ways of thinking and behaving that we grew up with. But we can choose every day to live according to the prompting of the Holy Spirit.

#### Session 6. Demolishing strongholds.

Our past experiences can lead to the development of "strongholds" in our minds. We can demolish these strongholds by choosing actively to renew our minds to the truth of God's Word.

#### Session 7. The battle for our minds.

We are in a spiritual battle. Every day we face a battle for our minds. However understanding how Satan works and our amazing position in Christ will equip us to win the battle.



### Breaking Hold Of The Past

God does not change our past but by His grace He enables us to walk free of it.

#### Session 8. Handling emotions well.

Emotions are the result of what we choose to believe. If we don't have a proper understanding of who we are in Christ then our emotions may make us vulnerable to spiritual attack.

### Session 9. Forgiving from the heart

Nothing keeps us in bondage to the past more, or gives the enemy more entrance to our lives, than an unwillingness to forgive. Learning to forgive from the heart sets us free from the past and heals our emotional pain.

This session also includes the Steps To Freedom In Christ.



### Growing As Disciples

Having taken hold of our freedom in Christ, we now need to concentrate on growing to maturity. In this section we will learn how to stand firm, how to relate to others and how to stay on the path of becoming more like Jesus.

#### Session 10. Walking in freedom every day.

In this session we look at strategies for renewing our minds and resisting Satan's attack.

#### Session 11. Relating to others.

Jesus' great commandment says we are to love our neighbours as ourselves. A right relationship with God should lead to a right relationship with our neighbours. In this session we will consider rights, responsibilities, judgement, discipline, accountability and the needs of others.

#### Session 12. Where are you heading?

It is important that we understand the difference between godly goals and godly desires, and that there is no godly goal for our lives that we cannot achieve in Christ. Bringing our goals in line with God's will enable us to live a true life of freedom.

#### Session 13. Staying on the right path.

In this session we will examine what we believe concerning eight aspects of our own lives in the light of God's word in order to enable us to stay on the right path towards becoming more like Jesus.

**Freedom in Christ Discipleship Course**

If you are interested in attending a course please complete this form and return it to the church office for the attention of Therese or Sally (Freedom in Christ Ministry Leaders).

Name:.....  
Address:.....  
.....  
Post Code:.....  
Phone:.....  
E-mail:.....

If you do not attend Broadmead Baptist Church please complete the details below.  
N.B. We would request that anyone who is not part of Broadmead Baptist Church informs their Minister that they are attending the course.  
Church attended:.....  
Name of Minister:.....  
Contact Details:.....



**BROADMEAD  
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*Loving God  
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